



## Fresh Roots Urban Farm 🍅 Vancouver



**Where they grow:**

Schoolyards, Incubator Farm Plot,  
Residential Sites

**What they grow:**

Mixed Vegetables and edible flowers

**How they sell:**

CSA, Pocket Markets, Restaurants

**How to find them:**

[www.freshroots.ca](http://www.freshroots.ca)





## Urban Digs ● Vancouver



**Where they grow:**  
Residential Sites

**What they grow:**  
Mixed Vegetables, Chickens

**How they sell:**  
CSA, Farmers Markets, Restaurants

**How to find them:**  
[www.doggonefarm.ca/farm.html](http://www.doggonefarm.ca/farm.html)





## The Orchard Garden • Vancouver



**Where they grow:**  
behind the MacMillan Building  
UBC Campus

**What they grow:**  
Mixed Vegetables

**How they sell:**  
UBC restaurants and cafes

**How to find them:**  
[blogs.landfood.ubc.ca/lfsog/](https://blogs.landfood.ubc.ca/lfsog/)





## Inner City Farms 🍅 Vancouver



**Where they grow:**  
Residential Sites

**What they grow:**  
Mixed Vegetables

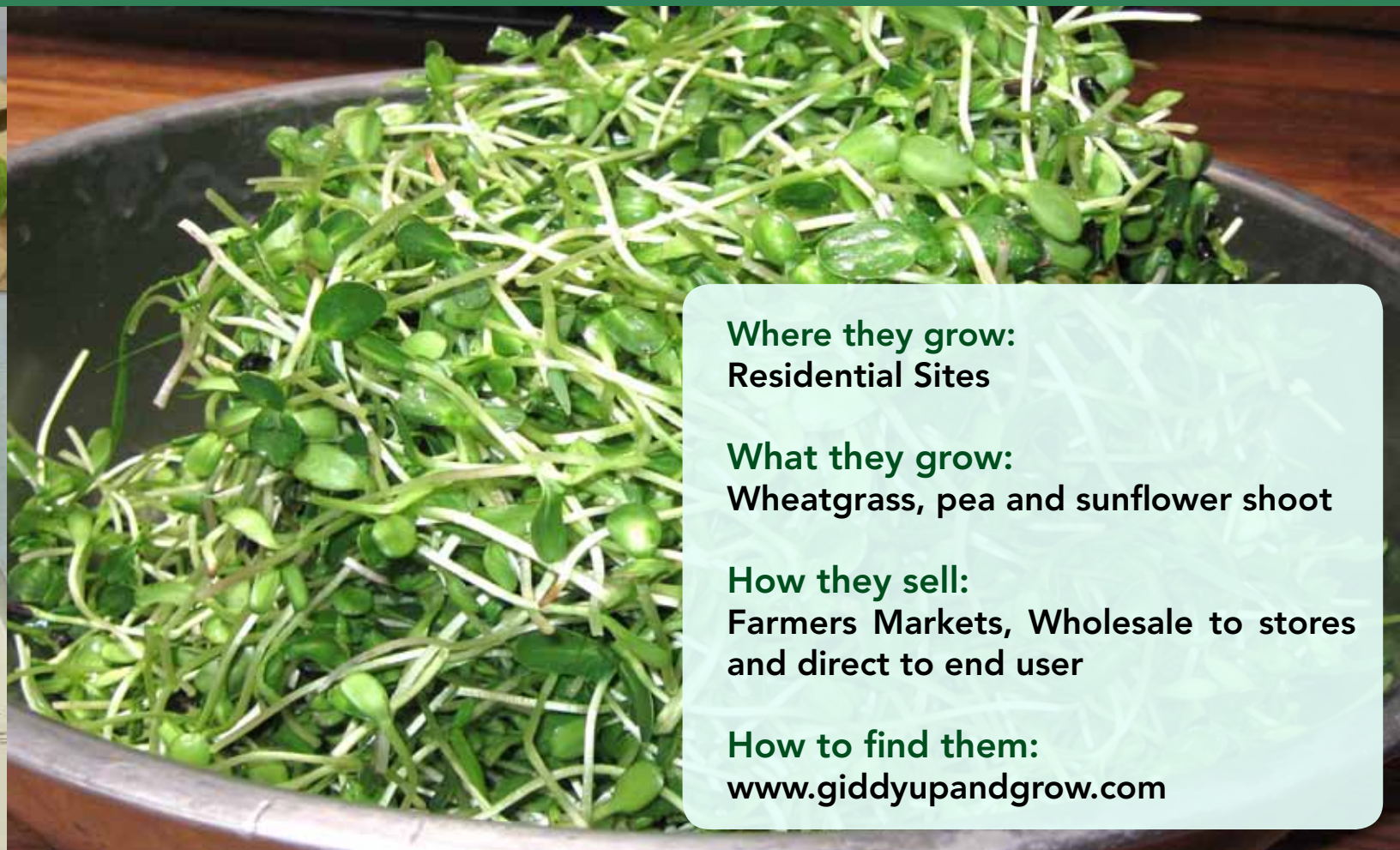
**How they sell:**  
CSA, Restaurants

**How to find them:**  
[www.innercityfarms.com](http://www.innercityfarms.com)





## Giddy Up & Grow 🍅 Fraser Valley



**Where they grow:**  
Residential Sites

**What they grow:**  
Wheatgrass, pea and sunflower shoot

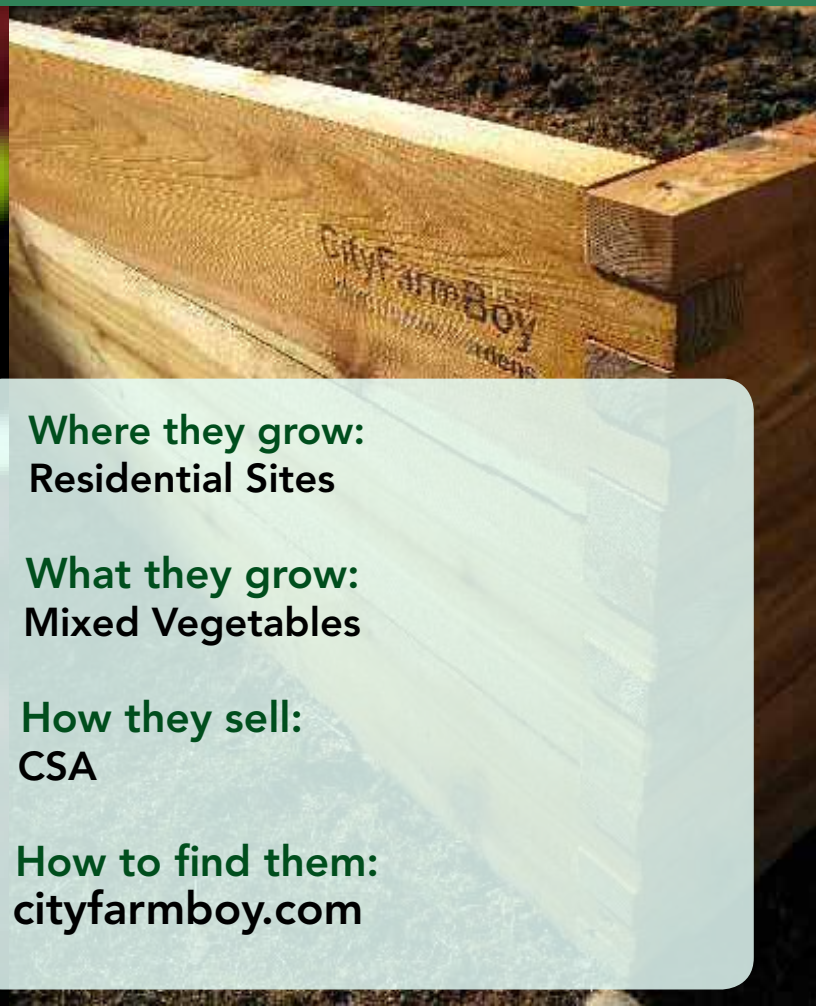
**How they sell:**  
Farmers Markets, Wholesale to stores  
and direct to end user

**How to find them:**  
[www.giddyupandgrow.com](http://www.giddyupandgrow.com)





## City Farm Boy ● Vancouver



**Where they grow:**  
Residential Sites

**What they grow:**  
Mixed Vegetables

**How they sell:**  
CSA

**How to find them:**  
[cityfarmboy.com](http://cityfarmboy.com)





## My Urban Farm 🍅 Vancouver



**Where they grow:**  
Brownfield

**What they grow:**  
Sunflower sprouts

**How they sell:**  
CSA, Farmers Markets, Restaurants,  
Grocers

**How to find them:**  
[myurbanfarm.ca](http://myurbanfarm.ca)





## Duncan's Backyard Henhouses 🍅 Vancouver



**What they grow:**  
Builds Chicken Coups

**How to find them:**  
[dailyeggs.com](http://dailyeggs.com)





## Farmers on 57th 🍅 Vancouver



**Where they grow:**  
George Pearson Centre

**What they grow:**  
Mixed Produce

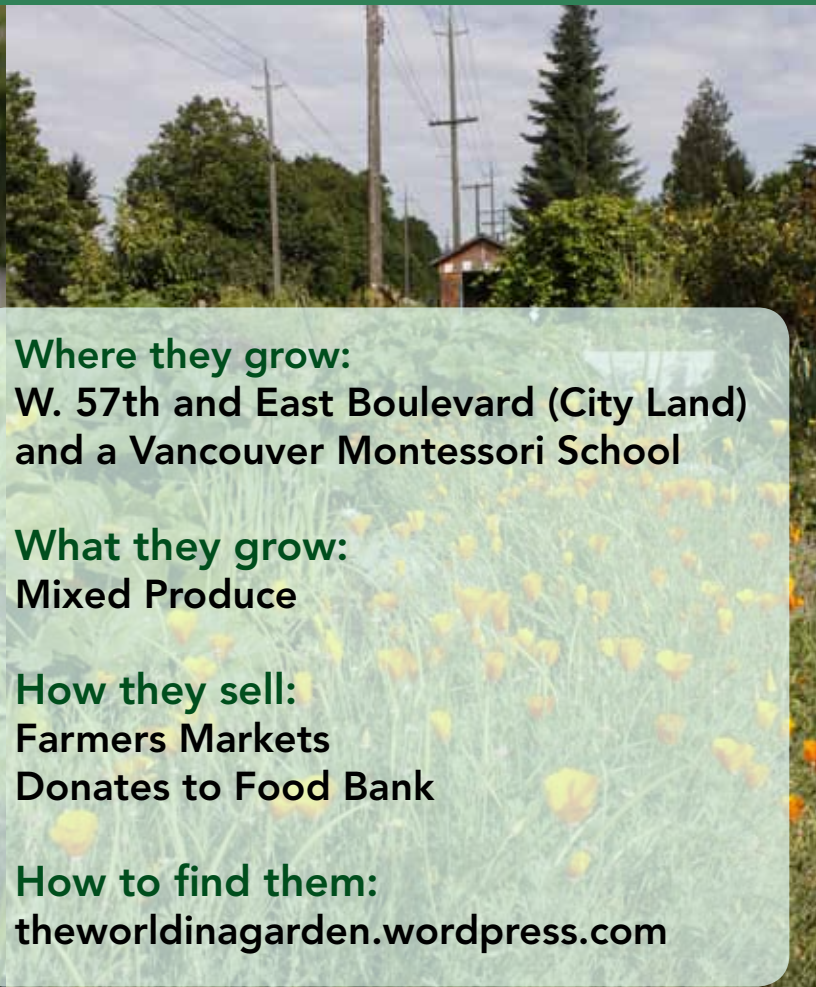
**How they sell:**  
CSA, Markets

**How to find them:**  
[farmerson57th.wikispaces.com/](http://farmerson57th.wikispaces.com/)





## World in a Garden 🍅 Vancouver



**Where they grow:**

W. 57th and East Boulevard (City Land)  
and a Vancouver Montessori School

**What they grow:**

Mixed Produce

**How they sell:**

Farmers Markets

Donates to Food Bank

**How to find them:**

[theworldinagarden.wordpress.com](http://theworldinagarden.wordpress.com)





## Grant's Gourmet Gardens 🍅 Vancouver



**What they grow:**  
Builds food gardens for residents

**How to find them:**  
[www.gourmetgardens.ca](http://www.gourmetgardens.ca)





## Loutet Farm 🍎 North Vancouver

A photograph of a man wearing a light-colored cap and blue gloves, smiling while working in a garden. He is leaning over a raised bed of soil. Another person is partially visible in the background.

**Where they grow:**  
Site in City Park

**What they grow:**  
Under construction

**How they sell:**  
Under construction

**How to find them:**  
[www.ediblegardenproject.com](http://www.ediblegardenproject.com)





## Sundog Veggies 🍅 Delta



**Where they grow:**  
Leased Farm

**What they grow:**  
Mixed Produce

**How they sell:**  
Farmers Market, CSA, Farmgate sales

**How to find them:**  
[sundogveggies.wordpress.com](http://sundogveggies.wordpress.com)





## Southlands Heritage Farms 🍅 Vancouver



**Where they grow:**  
Residential Sites

**What they grow:**  
Mixed Produce, chickens, goats, pigs

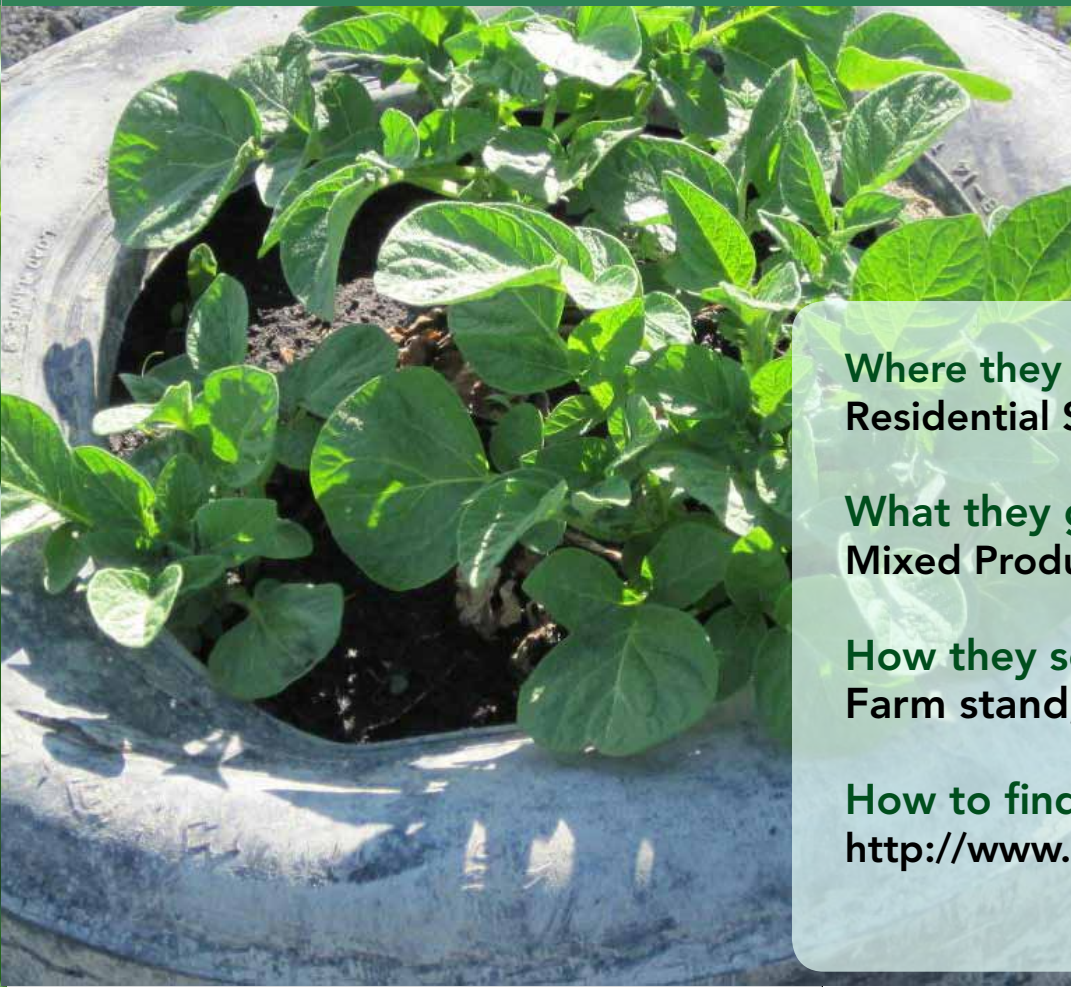
**How they sell:**  
Farmers Market, Farmgate sales,  
CSA

**How to find them:**  
[southlandsfarms.farming.officelive.com](https://southlandsfarms.farming.officelive.com)





## Urban Edibles 🍅 Richmond



**Where they grow:**  
Residential Sites

**What they grow:**  
Mixed Produce

**How they sell:**  
Farm stand; local grocer

**How to find them:**  
<http://www.urbanedibles.ca/>







## YWCA Rooftop Garden ● Vancouver



**Where they grow:**  
Rooftop

**What they grow:**  
Mixed Produce

**How they sell:**  
Donated to Crabtree Corner

**How to find them:**  
[www.ywcavan.org/content/YWCA\\_Metro\\_Vancouver\\_Rooftop\\_Food\\_Garden\\_/605](http://www.ywcavan.org/content/YWCA_Metro_Vancouver_Rooftop_Food_Garden_/605)





## SoleFood 🍅 Vancouver



**Where they grow:**  
Vacant lots

**What they grow:**  
Mixed Produce

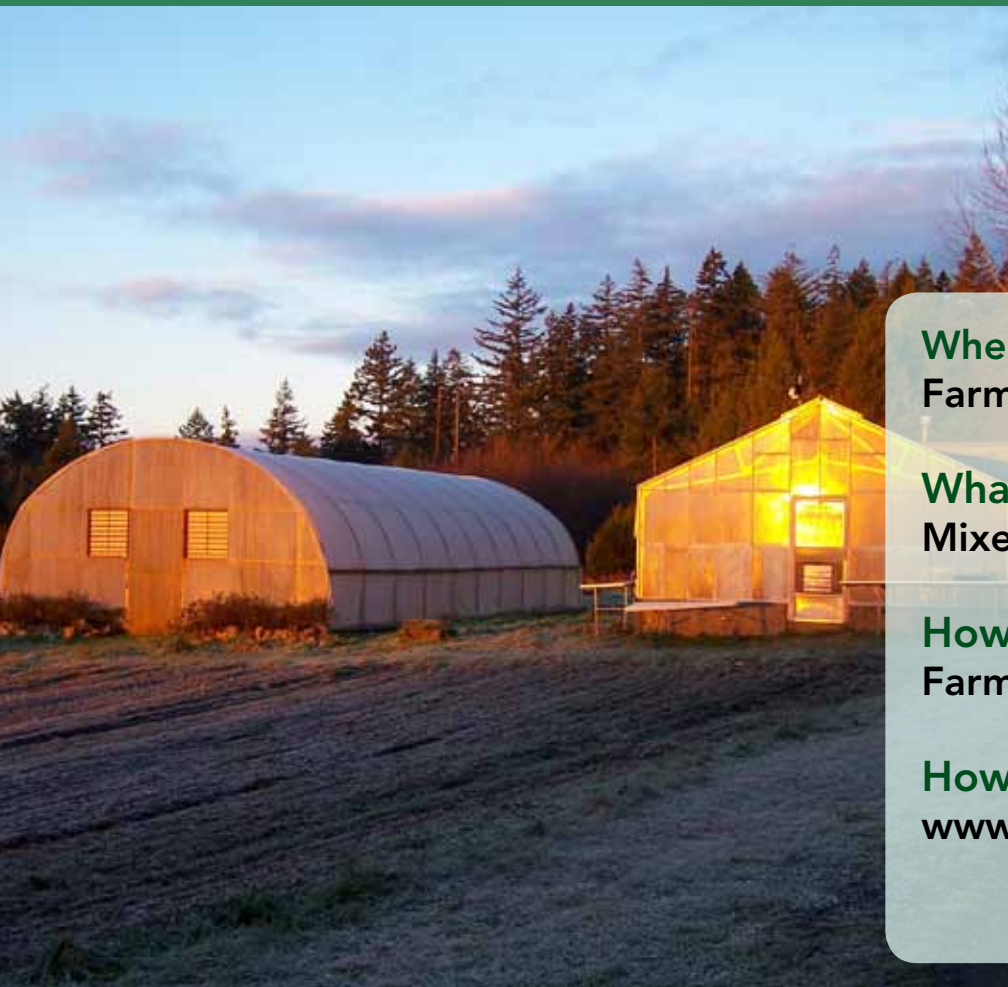
**How they sell:**  
Farmers markets, CSA, Restaurants,  
Grocers, Farmgate sales

**How to find them:**  
<http://1sole.wordpress.com/>





## UBC Farm ● Vancouver



**Where they grow:**  
Farm Land

**What they grow:**  
Mixed Produce, chickens, bees

**How they sell:**  
Farmers Market, CSA

**How to find them:**  
[www.landfood.ubc.ca/ubcfarm](http://www.landfood.ubc.ca/ubcfarm)





## Environmental Youth Alliance Youth Garden 🍷 Vancouver



**Where they grow:**  
Cottonwoods Community Garden

**What they grow:**  
Seeds and seedlings

**How they sell:**  
Sell seeds in local stores;  
donate seedlings

**How to find them:**  
[www.eya.ca](http://www.eya.ca)





## Yummy Yards 🍅 Vancouver



**Where they grow:**  
Residential Sites, market garden

**What they grow:**  
Mixed Produce

**How they sell:**  
Farmers Market, CSA

**How to find them:**  
[www.yummyyards.ca](http://www.yummyyards.ca)





## 24 Carrots 🍅 Vancouver



**What they deliver:**  
Mixed produce from local farms

**How they sell:**  
Bike delivery around Vancouver

**How to find them:**  
[24carrotscompany.com](http://24carrotscompany.com)





## Natural Urban Growers (NUG) 🍅 Richmond



**Where they grow:**  
City Land

**What they grow:**  
Mixed Produce

**How they sell:**  
CSA

**How to find them:**  
[nuglands.blogspot.com](http://nuglands.blogspot.com)





## Terra Nova Sharing Farm 🍅 Richmond



**Where they grow:**  
City Land

**What they grow:**  
Mixed Produce, Fruit trees

**How they sell:**  
Farmers Markets, Donate to food bank

**How to find them:**  
[www.richmondfruittree.com](http://www.richmondfruittree.com)





## Green City Acres ● Kelowna



**Where they grow:**  
Residential Sites

**What they grow:**  
Mixed Produce

**How they sell:**  
Farmers Market, CSA,  
Restaurants

**How to find them:**  
[www.greencityacres.com](http://www.greencityacres.com)







## Common Grind 🍅 Penticton



**Where they grow:**  
Residential Sites

**What they grow:**  
Mixed Produce

**How they sell:**  
Farmers Markets, Caterers

**How to find them:**  
[www.commongrindfarms.com](http://www.commongrindfarms.com)





## Carrot Creek Urban Farm ● Richmond



**Where they grow:**  
Residential Site

**What they grow:**  
Mixed Produce, bees

**How they sell:**  
Public Sales, Neighbours

**How to find them:**  
<http://carrotcreekurbanfarm.wordpress.com/>